



# BULLETIN 1

[pontevedra2016.org](http://pontevedra2016.org)







BULLETIN 1



Juan José Román Mangas  
President of RFP



Miguel Anxo Fernández Lores  
Mayor of Pontevedra



## CAMPEONATOS DE EUROPA DE PIRAGÜISMO MARATÓN PONTEVEDRA 2016

European Canoe Marathon Championships Pontevedra 2016

Pontevedra, 17<sup>th</sup> of February 2016

Welcome!

Pontevedra will host from the 28<sup>th</sup> of June to the 3<sup>rd</sup> of July 2016 the ECA Canoe Marathon European Championships in river Lerez.

On behalf of the Organizing Committee we wish to express our gratitude to the European Canoe Association for having selected this venue to welcome the canoe marathon teams and their

We shall work to fulfill our responsibilities and we do our best to ensure a pleasant stay. Our main goal is for the European Championships to be a nice and fair event.

The Royal Spanish Canoe Federation invites all the athletes and canoe teams to attend the ECA Marathon Championships in Pontevedra. This First Newsletter offers you information concerning the event and the travel and accommodation issues.

For specific information please contact with the e-mail [2016pontevedra@gmail.com](mailto:2016pontevedra@gmail.com) or with our Facebook /Pontevedra2016

I look forward to seeing you soon

Chairman of Organizing Committee



Juan José Román Mangas  
President of RFEP



Miguel Anxo Fernández Lores  
Mayor of Pontevedra





BULLETIN 1

# CONTENTS



1. PONTEVEDRA
2. VENUE SITE
3. TIDAL STREAMS FORECAST
4. COMMITTEES
5. EXECUTIVE TEAM
6. OFFICIALS
7. RECEPTION/HOSTING
8. COMMUNICATION
9. ENTRIES AND FEES
10. PROVISIONAL PROGRAMME
11. RULES
12. SAFTY AND SECURITY
13. BOATS RENTAL
14. ORGANIZATION STRUCTURE





BULLETIN 1

# 1 | PONTEVEDRA



Pontevedra is the capital of the “Rias Baixas”. A stately city teeming with life, with the largest Old Town in Galicia, after Santiago.

Built with patience through centuries, this “boa vila”, with its delicious streets and squares named after the typical guilds, full of cult and popular architecture buildings, possesses one of the most beautiful and best preserved historical collections of Galicia.

In Pontevedra everything is just a step away and there is so much to see, genuine treasures such as the collection of gold and silver pieces in the Museum of Pontevedra, unique in Europe, with magnificent collection of Celtic jewellery. And other jewels such as the “da Ferrería” square, the Church of “Santa María”, ruins of “Santo Domingo” and the Church of “San Bartolomé”.

But there is more still. Parks, tree-lined avenues, walks by the river in the middle of the city and a historic centre that, after that of Santiago, is Galicia's most important. Inhabited stone houses with coats of arms on their façades, fountains and gardens, squares that are full of life and pavement cafés with a lively atmosphere that lasts until the early hours.

Besides, in recent years Pontevedra has become almost completely a pedestrian city, where you can take long walks, rest in the parks and squares, or enjoy a snack, a coffee or a drink in any of the crowded bars.

Visitors to Pontevedra should not leave without walking along the banks of the River Lérez, recently recuperated for leisure use by city dwellers, offering walkers a highly evocative experience, with quiet stretches that have an almost dreamlike quality.

The northern bank has the best areas for a peaceful stroll, including the “Illa das Esculturas” offering walks that combine nature and culture. This sevenhectare island contains a varied list of works by renowned Galician and foreign sculptors, set in a natural space of great ecological value.





# 1 | PONTEVEDRA







## 2 | VENUE SITE

The European Canoe Marathon Championships will be hosted in a wonderful natural setting, the river Lérez running through the town of Pontevedra. The course is among two of the most emblematic monuments of the town such as the roman bridge of “Ponte do Burgo” and the monastery of the “San Benito de Lérez” founded in the X century by the Benedictine monks.

There is a few more bridges along the course known as “Ponte de Santiago”, “A ponte dos Tirantes” and the “Peonil” which will be a perfect spot to follow the races for the audience, in addition to the bridges the spectators will find along both banks of the river footpaths, cycle paths and plenty of green areas.

The racing course has the official lenght distance lap of 3.6km and there will be an additional last small lap of approximately 1000m, the river Lérez has an average depth of 3m. This is located right to the end of the “Ria the Pontevedra” (part of the Atlantic Ocean), and at the same time, it is situated at the mouth of the river Lérez therefore the body of the water depends on the tide to be salty sea water or fresh water. Because of the tide the stream is another factor to consider for all the athletes so the competition strategy will play a very important role.

In the same area, around the bridge known as “A ponte dos Tirantes” on the south bank of the river Lérez, is where the Galician Sport High Performance Centre is located thus its facilities will be available for all the athletes (changing rooms and showers, gym, swimming-pool, etc) besides this will be the location for the Doping Control Area.

Oposite, on the other side of the river (north bank) is situated the Auditorium of Pontevedra.







## 2 | VENUE SITE



### Racing Venue Facilities

On the south bank of the river Lérez along the Street known as “Avenida de Buenos aires” there will be a delimited zone from the brige “Ponte dos Tirantes” to the other bridge known as “Pasarela Peonil” with the following areas below:

Sport Area: this zone is exclusive for athletes and they will find there boats storage areas distributed per countries, common areas, toilets, food and drinks suply areas, physiotherapy and massage area, etc.

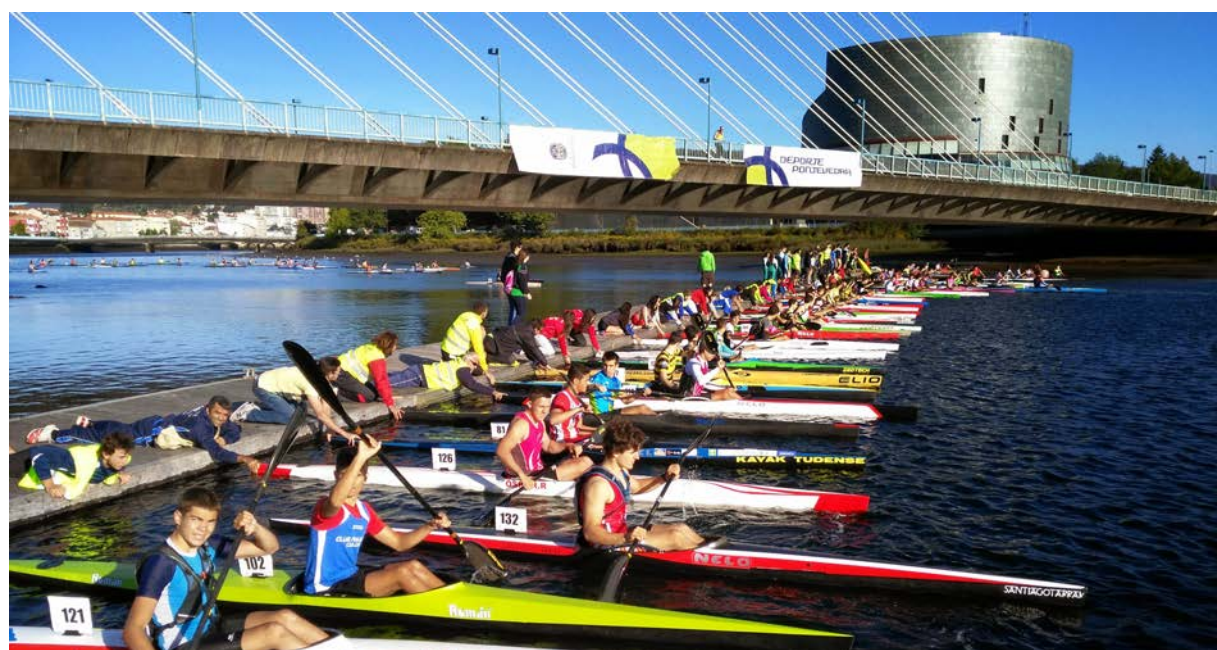
Shopping Area: this is the area aimed for all the sports stands such as boats manufacturers, paddles manufacturers, sport clothing, sport complements, etc.

Venue Area: this zone is exclusive for the catering service and leisure area.





## 2 | VENUE SITE



### Start line

The start line will have either an official pneumatic system or if is not possible then there will be a pontoon of a 60m length right underneath the bridge well known as “Ponte dos Tirantes”.



### Portage

The portage has approximately a length of 120m (min) and 160 (max) combining a mixture of wooden pontoons and a surface of ground cement covered with carpet. The inclination of the poonton ramps is going to depend on the tide therefore there is going to be a variable angle of inclination but this will be always in accordance with the ICF rules.

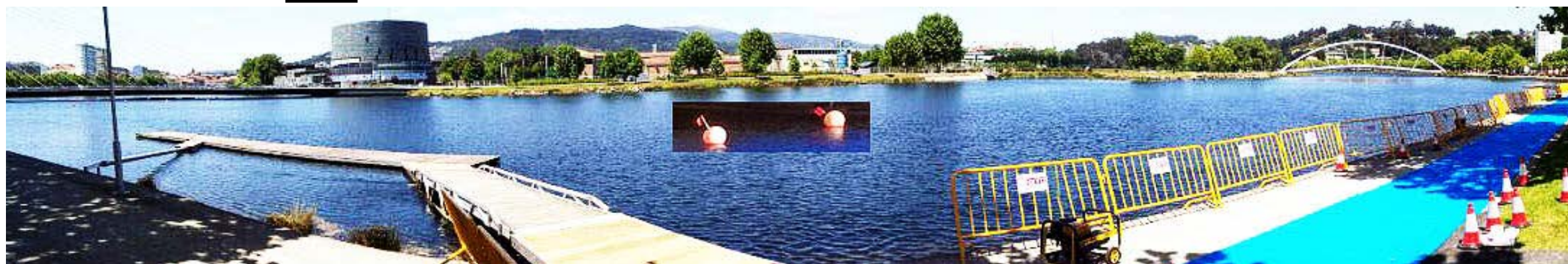




## 2 | VENUE SITE

### Finish line

The finish line will be around the area of the portage and it will be marked with two big red buoys in the centre of the river.



### Warming Up Area

The athletes will have a warming up area independent to the course and it will have a distance of approximately 800m.

### Turns

The "Turn 2" ("ciaboga 2") is the one closer to the Start Line and the Finish Line nearby the bridge known as "Puente de los Tirantes".

The "Turn 1" ("ciaboga 1") is the furthest one to the Start Line, in a natural space called "Salones del Lerez" just around the Monastery of "San Benito de Lerez", and it is approximately 1.700m distance to the Start Line.



## 3 | TIDAL STREAMS FORECAST

There will be two types of streams due to the racing venue is located on the mouth of the river Lérez and the beginning of the Atlantic Ocean which is called "Ría de Pontevedra" therefore it is subjected to the actions of the tidal streams.

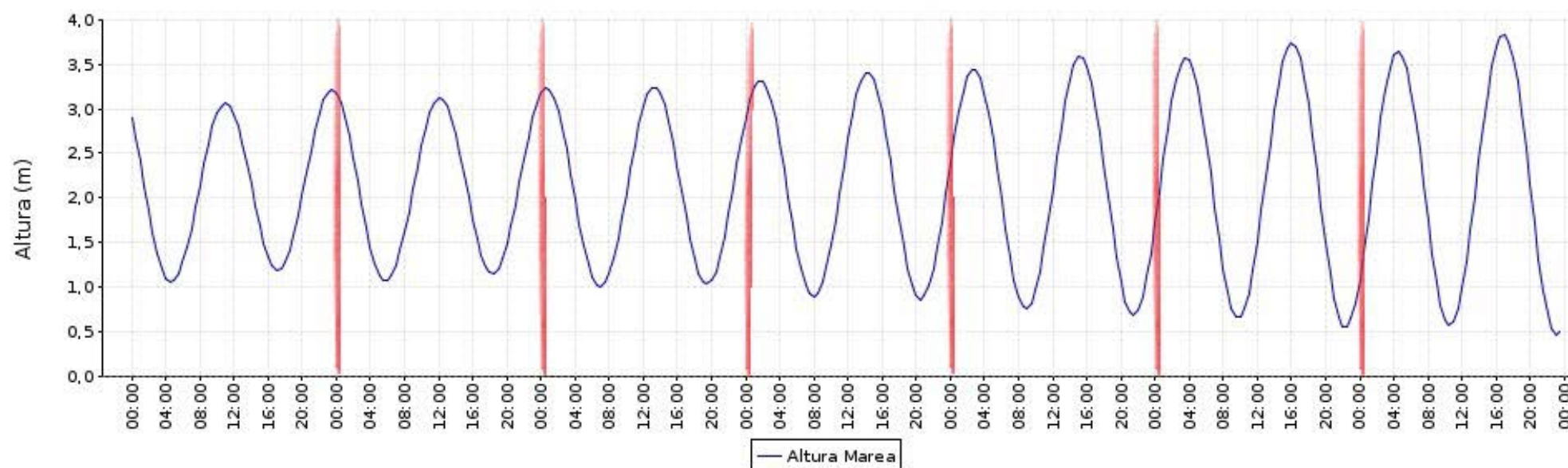
One kind of the stream will be fresh water from the river Lérez (obviously in summer this will be lower) and the other kind is the one coming and going from the Atlantic Ocean approximately every 14 hours (upward and downward tide cycle).

On the graphic pointed out below you can see the upward and downward tide forecast from Tuesday the 28th of June to Sunday the 3rd of July.

You can find further information on the following Galician Weather Forecast website (MeteoGalicia):

[http://www.meteogalicia.es/web/prediccion/maritima/mareasIndex.action?request\\_locale=es](http://www.meteogalicia.es/web/prediccion/maritima/mareasIndex.action?request_locale=es)

Desde 28/06/2016







# 4 | COMMITTEES

## Honours Committee

Albert Woods, co-president of the Honours Committee and President of the European Canoe Association.

Alberto Núñez Feijoo, co-president of the Honours Committee and President of the Xunta de Galicia.

Miguel Anxo Fernández Lores, Mayor of the Pontevedra city Council.

Carmela Silva Rego, President of the Pontevedra County Council.

Miguel Cardenal Carro, President of the Superior Sports Council.

Juan José Román Mangas, President of the Royal Spanish Federation.

Alfredo Bea, President of the Galician Canoe Federation.

## Organising Committee

Juan José Román Mangas, member-at-large, co-president of the Organizing Committee and president of the Royal Spanish Canoe Federation

Miguel Anxo Fernández Lores, co-president of the Organizing Committee and Mayor of the Pontevedra city Council.

Anxos Riveiro Portela, member-at-large, president of the Municipal Sports Institute of the municipality of Pontevedra.

José Alfredo Bea García, member-at-large/secretary, president of the Galician Canoe Federation.

Jose Ramón Lete Lasa, General Secretary for Sports of the Xunta de Galicia.

Consuelo Besada Lores, member-at-large, Sports Councillor of the County Council of Pontevedra.

## Executive Committee

José Alfredo Bea García, co-president of the Executive Committee, president of the Galician Canoe Federation.

Anxos Riveiro Portela, co-president of the Executive Committee, president of the Municipal Sports Institute of the municipality of Pontevedra.

Jorn Cronberg, member-at-large, Marathon Technical Delegate of the European Canoe Association

Jaime Agulló Sueiro, member-at-large, Director of the Pontevedra Municipal Sports Institute.

Juan Costal, member-at-large, representative of the Royal Spanish Canoe Federation.

Laura Mosquera, member-at-large, Assistant-general secretary for Sports of the Xunta de Galicia.

Jose Covelo, member-at-large, representative of the County Council of Pontevedra.

Antonio Barreiro Malvido, member-at-large/secretary, representative of the Galician Canoe Federation.

David Pérez Araújo, member-at-large, Sports Manager of the Pontevedra City Council.







BULLETIN 1

## 5 | EXECUTIVE TEAM



### Organisational Structure

Director of the Event

David Pérez Araújo

Sports Director

Antonio Barreiro Malvido

ECA Coordinator

Jorn Cronberg

RFEP Coordinator

Juan Costal

FGP Coordinator

Jose Manuel Sánchez Moure

Safety Coordinator

Miguel Balea Piñeiro

Communication Coordinator

Enrique Prendes

Welcome Coordinator

Raquel Cuellar

Volunteer Coordinator

Teresa Blanco

Infrastructure Coordinator

Vicente Saburido

Hospitality and Fair trade Coordinador

Félix Lamas

Officials Coordinator

María Jesús Llevot

Coordinator of Secretary

Ana Estévez





# 6 | OFFICIALS

## ECA Officials

Chief Official	Jorn Cronberg, ICF
Safety Officer / Starter	Ruud Heijselaar, ICF
Chief Course Umpire	Alan Laws, ICF
Chief Finish Line	Jose Sousa, ICF
Chief Raft Marshalling/Boat Control	Christine Laws, GBR
Chief Portage Umpire	Birger Vik, NOR
Sport presentation	Stefan Gustafsson, ICF
SPO assistant	Brian Chapman, GBR
Announcer	Jim Rossiter, GBR
Scrutineers	Sarah Swallow, GBR Jose A. Modino, ESP

Courses Umpires	Hana Kmetova-Koblicova, CZE
	Han Faas, NED
	Peter Janza, HUN
	Edwige Bakkaus, FRA
	Antonio Peniche, POR
	Georgy Denes, HUN
	Lucia M. Fernandez-Espino, ESP
	Begona Rodriguez Costales, ESP
	Illan Alvarez Gonzalez, ESP
	Salvador Fontana Esteve, ESP
	Marta Felpeto Lamas, ESP
	Sara Alvarez Argüelles, ESP
	Michal Haviar, SVK
	Uwe Steinhäuser, GER
	Joachim Santos, POR
	Antonio Rodrigues, POR
	Ali Pendle, GBR





## 7 | RECEPTION / HOSTING



### Visa

The Royal Spanish Canoeing Federation is pleased to inform you that in case of the Visa would be needed in order to attend the event then we strongly recommend you to get in contact with us as soon as possible through our mail address [correo@rfep.es](mailto:correo@rfep.es).

### Accommodation

All the Pontevedra Hotels are within 1'5km radius of the city centre as Pontevedra is a pedestrian friendly town.

For further information you can check the following website <http://www.visit-pontevedra.com>

The Official Travel Agency is "Halcón Viajes". In the Bulletin 2 and through our Official website ([pontevedra2016.org](http://pontevedra2016.org)) we will provide the National Federations and all the athletes with the pertinent forms in order to book the accommodation.



### Catering

There will be a catering service offering a Lunch time menu from 12.00 to 17.00 at the Venue Area on the racing days (Masters/Senior/Under 23/Junior), this must be booked in advanced.

This service will not be included in the accreditation fee. Further information will be provided in the Bulletin 2 and through our Official website ([pontevedra2016.org](http://pontevedra2016.org))





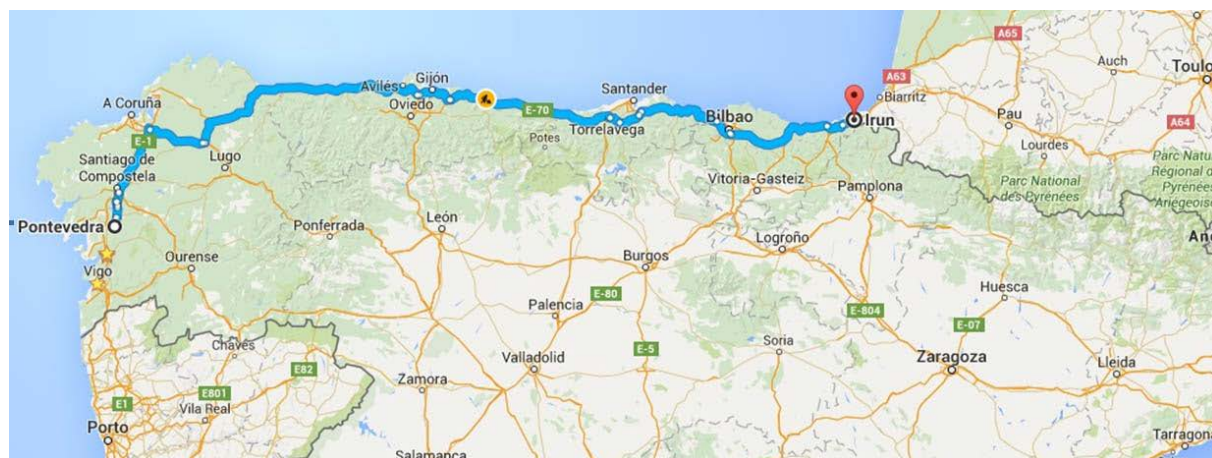
# 7 | HOW TO GET TO PONTEVEDRA

## By car

From the border hispanic-french of the Hendaye (F) and Irún (SP), you must take the (and the most of the journey for free) stunning dual carriageways and motorway in which you will go through the north of Spain along the Cantábrico Sea in no more than 7 hours of journey.

To the rest of the journeys by car from the other countries of the centre and east Europe we strongly recommend to travel to the south of France and the border of Hendaye (F) and Irún (SP).

The highest speed allowed on either the dual carriageway and motorway is 120 km/h, and 100 km/h on the general road networks and 50 km/h through some of the towns; VISA credit cards and payments in € are always accepted in all the tolls of Spain.



## By train

RENFE, services company of national railway transport for passengers and goods, connects Galicia with other Spanish and European cities. Pontevedra has a train station which is well connected with Madrid and Barcelona through this company; you will find further information on its website: [www.renfe.es](http://www.renfe.es)

## Car rental

Further information will be provided in the Bulletin 2.







# 7 | HOW TO GET TO PONTEVEDRA



Return Ticket		
From / To	1 person	8 people min.
Vigo Airport VGO	30 €	25 €
Santiago Airport SCQ	60 €	50 €
Oporto Airport OPO	135 €	100 €
Pontevedra Railway Station	5 €	3 €

## By plane

The closest airport to Pontevedra is the Peinador Airport in **Vigo (VGO)** as it is just 32,5 Km away, so 20 minutes away from the venue site in Pontevedra.

The Peinador Airport in Vigo (VGO) is well connected with the main airports of Spain such as Madrid or Barcelona one's; for further information follow the website link below:

<http://www.aena.es/csee/Satellite/Aeropuerto-Vigo/en/Home.html>

We will be providing a shuttle bus service from the Peinador Airport in Vigo (VGO) to the venue site in Pontevedra, in which the prices will be 30€ for a return ticket per person, or 25€ return ticket per person up to 8 people or more.

The next airport closer to Pontevedra is the Lavacolla Airport in **Santiago de Compostela (SCQ)** which is 77 km away from Pontevedra therefore approximately 50 minutes journey to the venue site.

The Lavacolla Airport in **Santiago de Compostela (SCQ)** is well connected to the main airports of Spain such as Madrid or Barcelona one's, as well as international connections such as Basel/Mulhouse or Frankfurt/Hahn (GER), Geneva (CH), London (UK) or Paris (F); for further information follow the website link below:

<http://www.aena.es/csee/Satellite/Aeropuerto-Santiago/en/Home.html>

We will be providing a shuttle bus service from the Lavacolla Airport in Santiago de Compostela (SCQ) to the venue site in Pontevedra, in which the prices will be 60€ for a return ticket per person, or 50€ return ticket per person up to 8 people or more.

The last nearest Airport is the Francisco Sa Carneiro Airport in the town of **Porto (OPO)** which is located at the north of Portugal. It is a 170 km away from Pontevedra which is approximately 1 hour and 40 minutes journey to the venue site.

This Airport in Porto has got great connections with the main international airports in Europe, for further information follow the website link below:

<http://www.ana.pt/en-US/Aeroportos/porto/Porto/Pages/Homepage-Porto.aspx>

We will be providing a shuttle bus service from this Airport in Porto (Portugal) to the venue site in Pontevedra, in which the prices will be 135€ for a return ticket per person, or 100€ return ticket per person up to 8 people or more.





BULLETIN 1

## 8 | COMMUNICATION

[www.pontevedra2016.org](http://www.pontevedra2016.org)

 Facebook/Pontevedra2016

 Twitter@Pontevedra2016

### Media Accreditation

The media professionals who wish to get the accreditation should do it when the dates of the championships will come closer. They will have access to the press office and the following services:

### Services for the accredited media staff

There will be a press office equipped with all the services needed to develop the work of all professional departments (journalists, photographers, cameraman, etc)

The European Canoe Marathon Championships will be shown live on streaming on internet and through the Official Website. This will be where all the information related to the European Canoe Marathon Championships will be daily publish and updated with all the relevant information about the event. There will be as well TV screens, photocopy services, Wi-Fi access and Internet wiring connections, translators services, food/drinks/snacks, etc.

### Press Officer Contact Details

The Press Officer will be Mr. Enrique Prendes. You can contact him through the following ways:

Phone number (+34) 656 901 717

[eprendes@gmail.com](mailto:eprendes@gmail.com)

<http://www.linkedin.com/in/enriqueprendes>

[www.facebook.com/quickcomunicacion](http://www.facebook.com/quickcomunicacion)

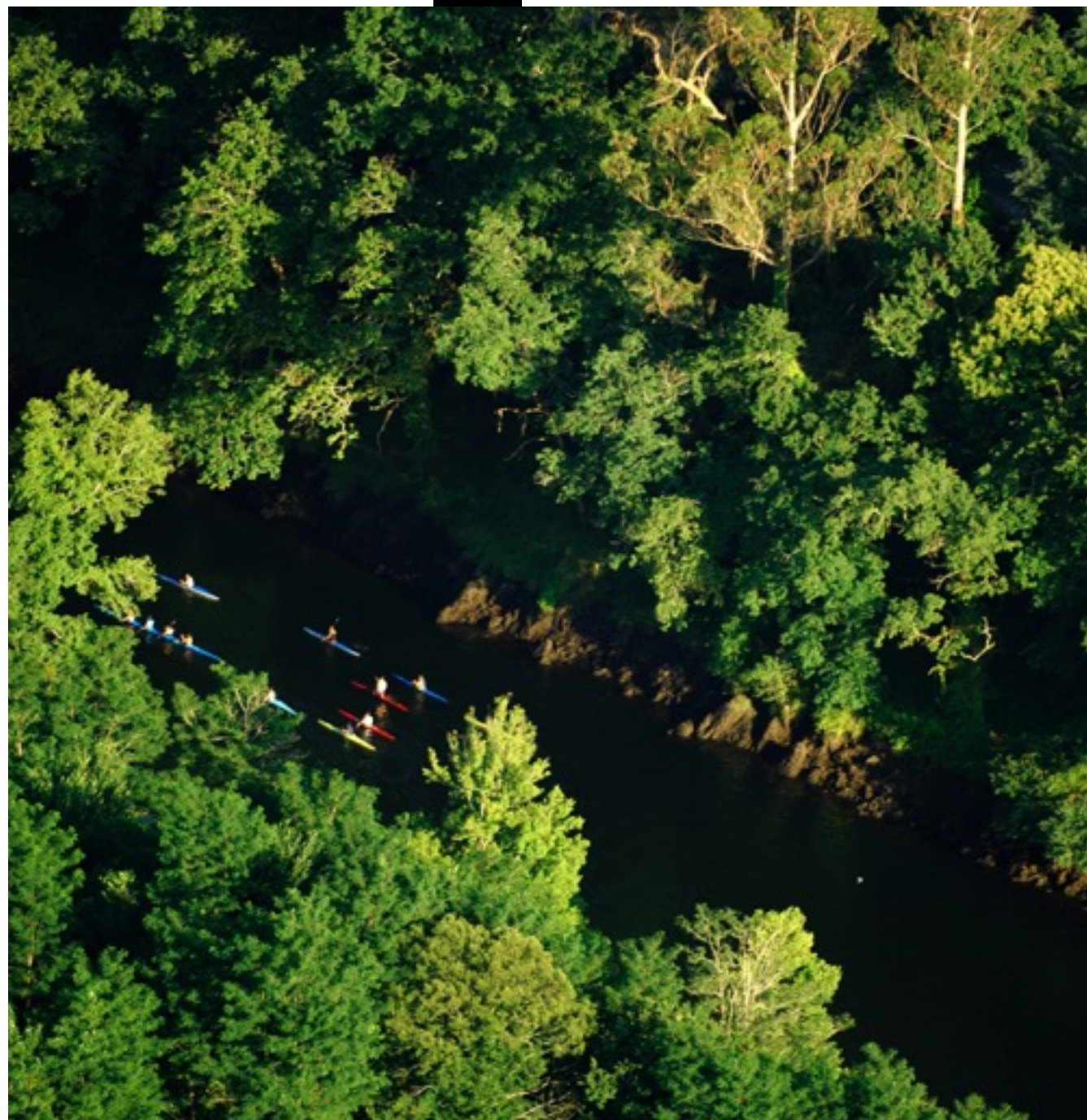
[http://twitter.com/enrique\\_prendes](http://twitter.com/enrique_prendes)







## 9 | ENTRIES AND FEES



### Participation fee includes

- Accreditation
- Drinking water at the course
- Security service at the venue
- Insurance
- Services for boats
- Medical care at the course
- Training at the course
- Participation in the Opening and Closing Ceremony
- Organisers gift
- Access pass for parking

### Master European Championships:

We will shortly provide more information about the participation fee and the entries for the Masters European Championships in the bulletin 2.

### Senior/Under23/Junior European Championships

Entries for all athletes should be done through the ICF system <https://isis.msl.es/icf/main.jsp>.

For further information please contact Michael Noyell at [isis@canoeicf.com](mailto:isis@canoeicf.com)

We will shortly provide more information about the participation fee for the European Canoe Championships in the bulletin 2.





BULLETIN 1



# 10 | PROVISIONAL PROGRAMME

1 April	Friday	Bulletin 2 Presentation
9 May	Wednesday	Raising of the Official European Canoe Championships Pontevedra 2016 Flag
13 May	Friday	Deadline Numerical Entries
1 June	Wednesday	Bulletin 3 Presentation
13 June	Monday	Deadline Nominal Entries, Deadline Accreditation Fee Payments
14 June	Tuesday	Deadline Official Accommodation Bookings and Lunch Catering Services at the venue
15 June	Wednesday	Deadline Shuttle Bus Services from Airport to Pontevedra
16 June	Thursday	Deadline Official Media Accreditations
26 June	Sunday	Accreditation office open
27 June	Monday	Accreditation, Trainings, Masters meeting
28 June	Tuesday	Accreditation, Masters Single races
29 June	Wednesday	Accreditation, Masters Double races, Team Leaders Meeting, Opening ceremony
30 June	Thursday	Accreditations, Junior Single Races, Women Under 23 Races
1 July	Friday	Accreditations, Junior Double Races, Men Under 23 Single Races
2 July	Saturday	Senior Single Races
3 July	Sunday	Senior Double Races, Closing Ceremony



BULLETIN 1

# 10 | PROVISIONAL RACING SCHEDULE

Masters Dates, timetables, distance and portages at the European Canoe Championships Pontevedra 2016

Race	Boat	Trip.	Category	Gener	Day	Time	Big Lap (BL)	BL (meters)	Small Lap (SL)	SL (meters)	Porteos	Meters
1	Kayak	1	65-69	Women	28-06-16	8:00	5	3600	1	1000	0	19000
2	Kayak	1	>70	Women	28-06-16	8:00	5	3600	1	1000	0	19000
3	Kayak	1	65-69	Men	28-06-16	8:05	5	3600	1	1000	0	19000
4	Kayak	1	>70	Men	28-06-16	8:05	5	3600	1	1000	0	19000
5	Canoa	1	65-69	Men	28-06-16	8:10	5	3600	1	1000	0	19000
6	Canoa	1	>70	Men	28-06-16	8:10	5	3600	1	1000	0	19000
7	Canoa	1	35-39	Men	28-06-16	8:20	5	3600	1	1000	4	19000
8	Canoa	1	40-44	Men	28-06-16	8:20	5	3600	1	1000	4	19000
9	Canoa	1	45-49	Men	28-06-16	8:20	5	3600	1	1000	4	19000
10	Canoa	1	50-54	Men	28-06-16	8:25	5	3600	1	1000	4	19000
11	Canoa	1	55-59	Men	28-06-16	8:25	5	3600	1	1000	4	19000
12	Canoa	1	60-64	Men	28-06-16	8:25	5	3600	1	1000	4	19000
13	Canoa	1	All ages	Women	28-06-16	8:25	5	3600	1	1000	4	19000
14	K/V	1		Paracanoe	28-06-16	8:30	5	3600	1	1000	0	19000
15	Kayak	1	35-39	Women	28-06-16	9:00	5	3600	1	1000	4	19000
16	Kayak	1	40-44	Women	28-06-16	9:00	5	3600	1	1000	4	19000
17	Kayak	1	45-49	Women	28-06-16	9:00	5	3600	1	1000	4	19000
18	Kayak	1	50-54	Women	28-06-16	9:05	5	3600	1	1000	4	19000
19	Kayak	1	55-59	Women	28-06-16	9:05	5	3600	1	1000	4	19000
20	Kayak	1	60-64	Women	28-06-16	9:05	5	3600	1	1000	4	19000
21	Kayak	1	55-59	Men	28-06-16	10:20	5	3600	1	1000	4	19000
22	Kayak	1	60-64	Men	28-06-16	10:20	5	3600	1	1000	4	19000
			Prize Ceremony		28-06-16	12:00						
23	Kayak	1	35-39	Men	28-06-16	12:30	6	3600	1	1000	5	22600
24	Kayak	1	40-44	Men	28-06-16	12:35	6	3600	1	1000	5	22600
25	Kayak	1	45-49	Men	28-06-16	12:40	6	3600	1	1000	5	22600
26	Kayak	1	50-54	Men	28-06-16	12:45	6	3600	1	1000	5	22600
			Prize Ceremony		28-06-16	15:00						
			Fin día 1									
27	Kayak	2	65-69	Women	29-06-16	8:00	5	3600	1	1000	0	19000
28	Kayak	2	>70	Women	29-06-16	8:00	5	3600	1	1000	0	19000
29	Kayak	2	65-69	Men	29-06-16	8:05	5	3600	1	1000	0	19000
30	Kayak	2	>70	Men	29-06-16	8:05	5	3600	1	1000	0	19000
31	Canoa	2	65-69	Men	29-06-16	8:10	5	3600	1	1000	0	19000
32	Canoa	2	>70	Men	29-06-16	8:10	5	3600	1	1000	0	19000
33	Canoa	2	35-39	Men	29-06-16	8:20	5	3600	1	1000	4	19000
34	Canoa	2	40-44	Men	29-06-16	8:20	5	3600	1	1000	4	19000
35	Canoa	2	45-49	Men	29-06-16	8:20	5	3600	1	1000	4	19000
36	Canoa	2	50-54	Men	29-06-16	8:25	5	3600	1	1000	4	19000
37	Canoa	2	55-59	Men	29-06-16	8:25	5	3600	1	1000	4	19000
38	Canoa	2	60-64	Men	29-06-16	8:25	5	3600	1	1000	4	19000
39	Canoa	2	All ages	Women	29-06-16	8:25	5	3600	1	1000	4	19000
40	K/V	2		Paracanoe	29-06-16	8:30	5	3600	1	1000	0	19000
41	Kayak	2	35-39	Women	29-06-16	9:00	5	3600	1	1000	4	19000
42	Kayak	2	40-44	Women	29-06-16	9:00	5	3600	1	1000	4	19000
43	Kayak	2	45-49	Women	29-06-16	9:00	5	3600	1	1000	4	19000
44	Kayak	2	50-54	Women	29-06-16	9:05	5	3600	1	1000	4	19000
45	Kayak	2	55-59	Women	29-06-16	9:05	5	3600	1	1000	4	19000
46	Kayak	2	60-64	Women	29-06-16	9:05	5	3600	1	1000	4	19000
47	Kayak	2	55-59	Men	29-06-16	10:20	5	3600	1	1000	4	19000
48	Kayak	2	60-64	Men	29-06-16	10:20	5	3600	1	1000	4	19000
			Prize Ceremony		28-06-16	12:00						
49	Kayak	2	35-39	Men	29-06-16	12:30	6	3600	1	1000	5	22600
50	Kayak	2	40-44	Men	29-06-16	12:35	6	3600	1	1000	5	22600
51	Kayak	2	45-49	Men	29-06-16	12:40	6	3600	1	1000	5	22600
52	Kayak	2	50-54	Men	29-06-16	12:45	6	3600	1	1000	5	22600
			Prize Ceremony		28-06-16	15:00						
			Fin día 2									





# 10 | PROVISIONAL RACING SCHEDULE

Junior/Under 23/Senior Dates, timetables, distance and portages at the European Canoe Championships Pontevedra 2016

It is estimated the participation of 23 countries and 600 athletes based upon the last European Championships participation, as well as it has been taking into consideration that Spain is one of the countries with the highest number of marathon licences of Europe.

It is because of that, we believe the participation on this event is going to reach almost 800 athletes of all different european nationalities, plus their technical staff, families and supporters.

Race	Boat	Trip.	Category	Gener	Day	Time	Big Lap (BL)	BL (meters)	Small Lap (SL)	SL (meters)	Porteos	Meters
53	Kayak	1	Junior	Women	30-06-16	10:00	5	3600	1	1000	4	19000
54	Canoa	1	Junior	Women	30-06-16	10:05	4	3600	1	1000	3	15400
55	Kayak	1	U23	Women	30-06-16	12:00	6	3600	1	1000	5	22600
56	Canoa	1	Junior	Men	30-06-16	12:05	5	3600	1	1000	4	19000
57	Kayak	1	Junior	Men	30-06-16	14:15	6	3600	1	1000	5	22600
Prize Ceremony					30-06-16	16:15						
Fin día 3												
58	Kayak	2	Junior	Women	01-07-16	11:15	5	3600	1	1000	4	19000
59	Canoa	1	U23	Men	01-07-16	11:20	5	3600	1	1000	4	19000
60	Kayak	2	Junior	Men	01-07-16	13:30	6	3600	1	1000	5	22600
61	Canoa	2	Junior	Men	01-07-16	13:35	5	3600	1	1000	4	19000
62	Kayak	1	U23	Men	01-07-16	15:15	7	3600	1	1000	6	26200
Prize Ceremony					01-07-16	17:30						
Fin día 4												
63	Canoa	1	Senior	Women	02-07-16	11:00	5	3600	1	1000	4	19000
64	Kayak	1	Senior	Women	02-07-16	13:00	7	3600	1	1000	6	26200
65	Canoa	1	Senior	Men	02-07-16	13:05	7	3600	1	1000	6	26200
66	Kayak	1	Senior	Men	02-07-16	15:45	8	3600	1	1000	7	29800
Prize Ceremony						18:15						
Fin día 5												
67	Kayak	2	Senior	Women	03-07-16	13:00	7	3600	1	1000	6	26200
68	Canoa	2	Senior	Men	03-07-16	13:05	7	3600	1	1000	6	26200
69	Kayak	2	Senior	Men	03-07-16	15:20	8	3600	1	1000	7	29800
Prize Ceremony					03-07-16	17:30						
Fin día 6												



## 11 | RULES

All the rules are applied from ICF rules for marathon

## 12 | SAFTY AND SECURITY



We will provide a securite service for the European Marathon Championships 2016 in order to ensure the safety and security of the athletes, all accredited staff, as well as the sport equipment at the organising facilities zones.

### Medical Services

A First Aid and Emergency Medical Service will be available at European Marathon Championship Course during the trainings and racing days. Health Care Centre in Pontevedra will be on stand during the competition in order to cover any specific needs.

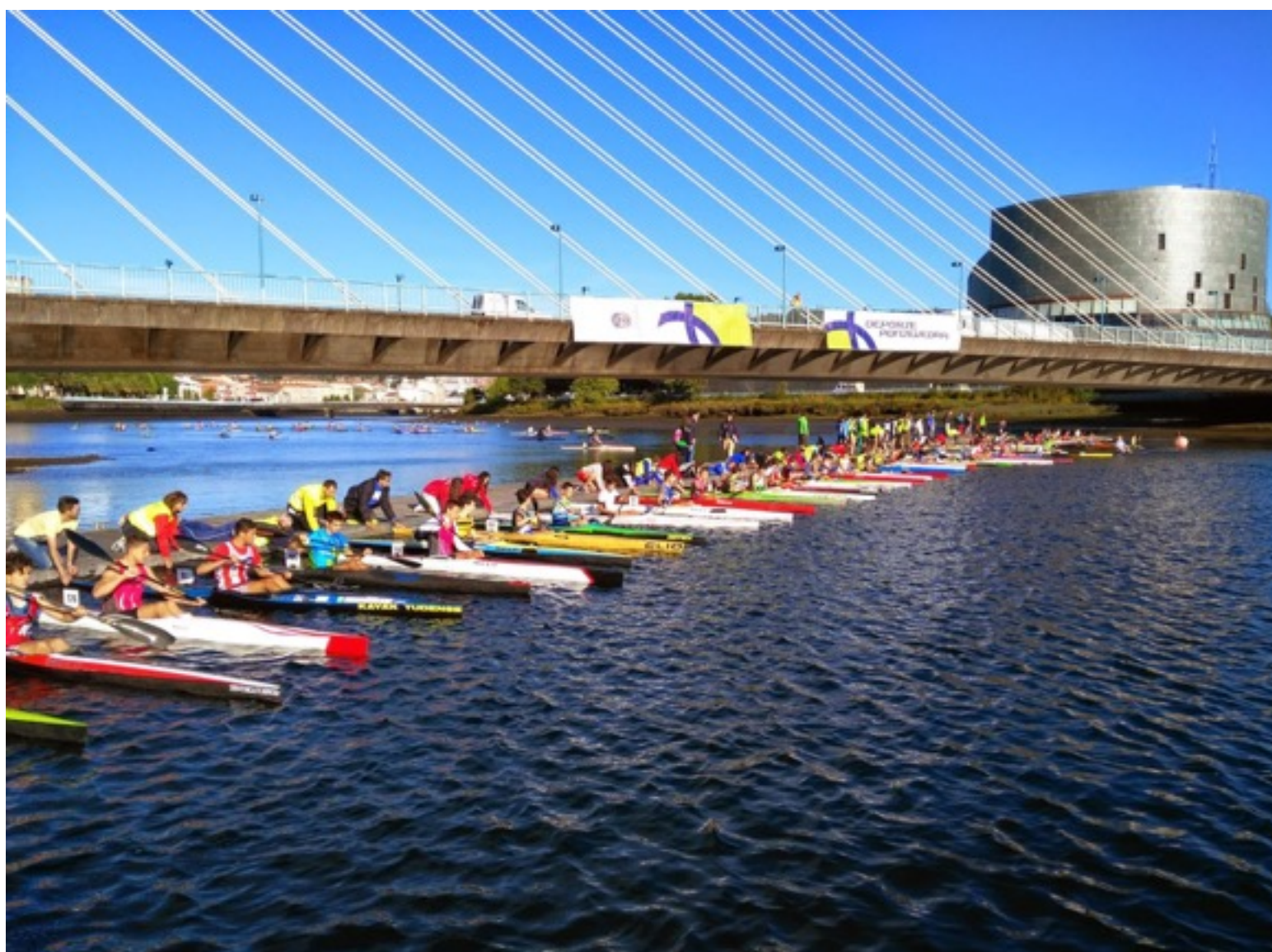
For outside of the “sport moments” we strongly adviced all participants to have an appropriate medical insurance from their respective countries.





BULLETIN 1

## 13 | BOATS RENTAL



Several boat manufacturers will provide a rental service for the athletes.



The boat rental should be booked before the 6th of June of 2016. This will be through direct contact with ELIO.

Prices would be:

K1/C1 40,00 €/day (min 2 days)

K2/C2 70,00 €/day (min 2 days)

### CONTACT DETAILS

ÉLIO – Art. Desp. Náuticos

R. da Fontinha, 885, Crestuma (Portugal)

Tlf. (+351) 227 639 176

info@eliokayaks.com

[www.eliokayaks.com](http://www.eliokayaks.com) y [www.facebook.com/elio.kayaks](https://www.facebook.com/elio.kayaks)



The boat rental should be booked before the 1<sup>st</sup> of June of 2016. This will be through direct contact with Nelo at the following link: <http://nelorental.com/events/canoe-marathon-europeanchampionships>

All variety of marathon boats will be available from 200 €/week.

CONTACTO: NELO Rua das Alminhas, 4485-060 Canidelo VILA

DO CONDE–PORTUGAL Tlf. +351.22.9272608 / Tlf.

+351.22.9280924 / [nelo@nelo.eu](mailto:nelo@nelo.eu) / <http://www.nelo.eu/>





BULLETIN 1

# 14 | ORGANIZATION STRUCTURE

Federación Galega de Piragüismo  
(Galician Canoeing Federation)  
Tlf. (+34) 986 842 106  
[kayak-canoa@fegapi.org](mailto:kayak-canoa@fegapi.org)

